Akureyri youth centers

FÉLAK
FÉLAGSMÍÐSTÖÐVAR AKUREYRAR
About Félak

In Akureyri there are five youth centers that all seven schools in the town have access to. All Félak employees work together towards a common goal and support all youths ages 10-16. The schools that are located outside of Akureyri receive services in the form of short courses, prevention education and guidance/counseling. Hríseyjarskóli and Hliðarskóli are serviced on a regular basis but Grímseyjarskóli as needed.

The Youth Centers

Dimmuborgir in Giljaskóli.

Himnaríki in Glerárskóli.

Stjörnuríki in Oddeyrarskóli.

Trója (Brekkuskóli, Lundarskóli and Naustaskóli).

Undirheimar in Síðuskóli.

Félak activities

Youth centers are an important factor in the lives of children and young adults. They serve the crucial role of conducting leisure activities outside of regular school hours. The youth centers focus is on 5th – 10th grade offering clubs and open youth work.

A youth center is supposed to promote positive and meaningful communications amongst children and teenagers and stimulate their social development and democratic thinking. The youth centers activity is organized by the teenagers in cooperation with staff.

Félak offers variations of clubs and open youth work, so everyone should be able to find something that they like. It is important that the teenagers feel like they are welcome and that they are spoken to like equals. The youth centers also play a preventative role, both in organized preventative work and in communication through the open houses.
Féla personnel also do various other jobs, like personal counseling. Depending on the situation, either the teenager, parents, school staff or youth workers have the initiative of the personal counseling. The problems can vary, e.g. communication problems in school or at home, personal problems, drug abuse, gender orientation or mental distress. If applicable, social service is involved.

**Special services for teens**

The special services Féla provides is a collaboration between Child protective services, student protection committee, family services and the elementary schools of Akureyri. This resort is a prevention measure in a broad sense where a teen is met where he is situated and a targeted goal is set. Improvements are assessed regularly. A group of representatives from the departments mentioned above supervises this special services, accepts applications and monitors the course of action.

The goal of this special services is to meet those students that suffer from school boredom, don’t attend school on a regular basis and have tried other measures without succeeding. Schools send in applications for students, who then attend school one to three days a week and spend the other days in Rósenborg with their counselor. There they have the privacy to study and work on other things that the counselor sees fit.

The work of Prevention and leisure counselors is extensive and has in the past years progressed in cooperation with teens, parents and other departments within the town Akureyri. Increased emphasis has been put on special assignments and requests from schools and other institutions for assistance has increased.

**Open houses**

*8th - 10th grade*

The main goal of the open houses is to create a platform for children and teenagers to meet at a neutral and safe space. There they can come on their own conditions and participate as they want each time, under the guidance of adults. There they can also express their own interests and hobby’s.

Children and teenagers in Akureyri can attend the youth center of their choice regardless of what school they go to. Open houses are held four nights a week, from Monday to Thursday and regular events are held on the weekends. In addition there are diverse clubs for all ages.
5th - 7th grade

Kids in 5th – 7th grade get regular open houses. In Oddeyrarskóli, Glerárskóli, Giljaskóli and Síðuskóli (Porpið) there are open houses every other week. Trója (situated in Rósenborg) has open houses once a week for 5th – 7th grade and once a week for 7th grade only. Clubs are also available for 5th – 7th grade. For more information, contact a Children’s leisure specialist.

Personnel

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