



HEILSUGÆSLUSTÖÐIN Á AKUREYRI

The Akureyri Primary Health Care Centre



Telephone

460-4600

3rd floor: 460 4630

5th floor: 460 4600

6th floor: 460 4660

Workdays 8 AM - 4 PM

Fax: **461 2605**

DIAL DIRECT during telephone hours

Appointments with MEDICAL DOCTORS through the receptionist

Emergency medical number: **848 2600** 24-hour (only for urgent problems)

The Health Care Centre website: <http://www.akureyri.is/hak>

The Akureyri Primary Health Care Centre General Aspects

The Akureyri Primary Health Care Centre is encharged with medical, nursing, and public health services outside the hospitals in Akureyri and its vicinity, excepting a few factors seen to by other bodies.

The Primary Health Care Centre is on Floors 3-6 at Hafnarstræti 99, Akureyri. There is also a primary health care centre at Grenivík and facilities at the community centre on Grímsey island.

The entrance to the Akureyri Centre is through Hafnarstræti 97 (Krónan), either from the pedestrian zone or from Gilsbakkavegur above, where there are parking places for the disabled. Entrance can also be gained through Hafnarstræti 99 (associated with Amaró).

Contact is made with Health Centre doctors in the following ways:

- 1) **previously scheduled appointments** (the preferable way),
- 2) the **3-4:00 PM shift** for "**daytime emergencies**", if it is impossible to get an appointment with a doctor the same day if needed (20 individuals can be taken, while others must go to the emergency reception in the accident ward at FSA University Hospital, in keeping with #5 below),
- 3) **phone consultations**, intended for very brief matters,
- 4) **home medical visits**, if nessedoctors
- 5) the **shift for daytime emergencies in the accident ward at FSA University Hospital, 5-9 PM** workdays and **2-4 PM** on weekends and holidays.

The central phone number for the Primary Health Care Centre is **460 4600**, but people are encouraged to dial directly to Centre doctors during their telephone hours, or directly to other employees as appropriate. Doctor's appointments are made with the receptionists.

The Grenivík Primary Health Care Centre:

Sesselja Bjarnadóttir, **nurse**, has phone hours on Mondays and Thursdays, 2-4:00 PM, Tel. **463 3101**. **General practitioners** can be visited on Mondays, 13:10-15:00 and Thursdays, 09:20-10:40 PM.

The Akureyri Primary Health Care Centre 3rd floor

General practitioners:

Guðrún Dóra Clarke:

Phone consultation 8-8:30 PM, Tel. **460 4634**

Hilmir Jóhannsson:

Phone consultation 1-1:30 PM, Tel. **460 4637**

(Jón) Pálmi Óskarsson:

Phone consultation 8:30-9:00 AM, except Fridays, Tel. **460 4633**

Kristinn Eyjólfsson:

Phone consultation 10:45-11:15 AM, Tel. **460 4636**

Porgils Sigurðsson:

Phone consultation 11:30-12:00 AM, Tel. **460 4639**

Nurses: **Sigríður Jónsdóttir** and **Sólveig H. Jónsdóttir** change bandages and work during operations.

Phone consultation and prescription renewals 9-11:00 AM, Tel. **460 4635**.

Travel vaccinations are Thursdays at 1:30-2:00 PM. Please make a appointment Tel. **460 4630**.

The 3rd-floor **medical secretari** is **Erla Hallgrímsdóttir**, Tel. **460 4632**. She answer inquiries on certificates issued by the doctors on their floor (except medical certificates for absences).

The 3rd-floor **receptionists** are **Sigurbjörg Jónsdóttir**, mornings, and **María Arnfinnsdóttir**, afternoons; telephone **460 4630**. They arrange appointments with the doctors and nurses on their floor.

The Akureyri Primary Health Care Centre 4th floor

Maternity care:

Elísabeth Zitterbart, Hulda Pétursdóttir, Inga Vala Jónsdóttir and Málfríður Þórðardóttir, midwives, are in charge of maternity care, along with the **general practitioners**. Appointments are scheduled through **Hildur Larsen, receptionist**, 10-12:00 AM, Tel. **460 4640**.

Paediatric care:

Guðfinna Nývarðsdóttir, Hrafnhildur Ævarsdóttir, Sigríður Margrét Guðjónsdóttir Jónsdóttir and Þorgerður Hauksdóttir nurses, see to child care, together with the general practitioners and with paediatricians from FSA University Hospital. **Hildur Larsen** is the receptionist, with **460 4640** open for phoning and appointment scheduling 10:00-12:00 AM on every day

Cancer screening:

Cervical and breast-cancer screening are carried out in the Hospital in Akureyri, . Appointments may be made at the Health Care centre any day, Tel. **460 4600**. **Sólveig H Jónsdóttir, nurse**, supervises this screening.

Youth services:

An exclusive opening for teenagers (13-20 years old) is on Tuesdays, 4-5 PM. Closed in summertime. This service is managed by **Þórdís Rósa Sigurðardóttir, nurse**, and **Jón Torfi Halldórsson, doctor**. Tel. **460 4678**. No need for making a appointment.

Home nursing:

Inga Eydal, director of the division, has phone contact hours on every workday, 11-12 PM. Tel. **460 4659**.

Home nursing at Bjarg, Tel. **462 6963**.

Home nursing at Víðilundur, Tel. **461 2492**.

Health care in schools:

Phone consultations with the **director of the division for health care in schools, Ingibjörg Sólrún Ingimundardóttir**, are 8 AM - 1:30 PM Tuesdays, Tel. **460 4671**.

The Akureyri Primary Health Care Centre 5th floor

Family counselling:

Karólína Stefánsdóttir, family counsellor. Appointments are made by calling **460 4657** during telephone hours, 10-11 AM, Tuesdays and Thursdays.

Jiri Berger, family counsellor, can be contacted by phone on Wednesdays, 10-11:00 AM, to arrange appointments. Tel: **460 4628.**

The secretary for family counselling is **Sigurbjörg Haraldsdóttir,** who gives information and notes down messages 8-12:00 AM, Tel. **460 4658.**

Offices:

Margrét Guðjónsdóttir, general manager and nursing director, Tel. **460 4612.**

Lára Ólafsdóttir, office manager, Tel. 460 4611.

The 5th-floor **secretaries** are **María Arnfinnsdóttir,** Tel. **460 4661,** and **Eglé,** Tel. **460 4610.** **The telefonreceptionists** on the 5th floor, Tel. **460 4650,** are **María Arnfinnsdóttir, Égle Valiukeviciule and Hildur Larsen.**

The Akureyri Primary Health Care Centre 6th floor

General practitioners:

Bragi Sigurðsson:

Phone consultation 10:30-11:00 AM, Tel. **460 4654**

Jón Torfi Halldórsson:

Phone consultation 9-9:30 AM, Tel. **460 4666**

Guðjón Ingi Geirmundsson:

Phone consultation 11:15-11:45 AM, Tel. **460 4664**

Magnús Ólafsson:

Phone consultation 11-11:30 AM, Tel. **460 4655**

Pórir V. Þórisson:

Phone consultation 13-13:30 AM, Tel. **460 4653**

The 6th-floor **medical secretaries** are **Guðbjörg Ragnarsdóttir**, Tel. **460 4651**, and **Hugrún Hólmgeirsdóttir**, Tel. **460 4662**. They answer inquiries on certificates issued by doctors on their floor (except medical certificates for absences).

The **receptionists** on the 6th floor are **Guðný Ketilsdóttir** and **Égle Valiukeviciule**. Their phone number is **460 4600**, and they arrange appointments with the doctors and the nurses on their floor.

Nurses: **Sigríður Jónsdóttir** and **Sólveig H. Jónsdóttir** change bandages and work during operations. They registers electrocardiograms 9-12:00 AM. Please make a appointment, Tel: **460 4660**.

Research laboratory services: At 8-10:00 AM, blood samples are taken at the Centre by the laboratory of FSA University Hospital, and other samples are accepted at the same time. Please make a appointment, **Tel: 460 4600**.